



## March Madness



March Break is upon us once again and OutsideTheCrib.com is here to help with our family fun calendar. The days are loaded with activities from the Zoo to Pools, Rinks, Museum, Library, Sliding Hills, Art Galleries, Parks Bowling, Chapters, Movies, and more! We've got it all. For details visit: [www.outsidethecrib.com/calendar](http://www.outsidethecrib.com/calendar).

Even though the Olympics are over there is still lots to celebrate. March includes St. Patrick's Day, Earth Hour (March 27<sup>th</sup>) and marks the beginning of Easter and the Maple Sugar Season. Good thing it's also Nutrition Month!

## St. Patrick's Day Fun



Call me nerdy but I live for holidays or themes to plan activities, crafts and snacks around. St. Patrick's Day is a great opportunity to have some fun. Here are some great snack ideas.

**Magic Pudding** - spoon a bit of homemade or store bought vanilla pudding into a bowl and add drops of green food colouring. Then add more pudding on top. Get your children to stir their pudding before eating and watch it turn green!

**St. Patty's Shakes** - In a blender combine 1 scoop of vanilla ice cream, 1 cup of milk and 2 drops of green food colouring. ¼ tsp peppermint flavouring is optional. Serve in clear plastic cups.

**Rainbow dessert**- In a clear plastic cup, layer foods that represent the colours of the rainbow. Strawberries, oranges, pineapple, kiwi, blueberries, purple grapes and top with whipped cream for clouds and sprinkle golden raisins on top for the leprechaun's gold!



We've recently changed our Facebook format and switched our OutsideTheCrib.com group to simply an [Outsidethecrib.com](http://Outsidethecrib.com) page. If you haven't made the change yet, do so soon and don't miss a thing. The page allows you to see daily updates as to what's going on around town for you and your family.





## Mommy Spotlight



Check out our new local mommy Tracey Stephenson working the OTC spotlight this month. Tracey also happens to be an OTC newsletter contributor and a recent half marathoner! You go girl! [www.outsidethecrib.com](http://www.outsidethecrib.com)

If you know a parent who deserves a little recognition, why not shine the spotlight on a fab mom or dad you know. Send us their name and email to [outsidethecrib@rogers.com](mailto:outsidethecrib@rogers.com)

*"My idea of housework is to sweep the room with a glance."*

*-Anonymous*

## New Stuff on the Block

Greater Moncton continues to develop new family friendly programs and events. Here is a snapshot of some of the things that caught our attention:

Town of Riverview now offers a **Mommy & Me** fitness program. See [www.activeriverview.com](http://www.activeriverview.com) for details.

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**Family Yoga** is being offered by Lise Bourgeois for parents and children aged 3-12 Saturdays at Théâtre l'Escaouette.  
Call 855-8240 or 756-9008

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**Agent M Club** is back at the Moncton Museum. Saturdays 10-12. \$5/child. Different themes and ages rotate from week to week.  
Call 856-4383.

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Charlene Savoie a local Parent/Family Coach will offer a **1-2-3 Magic Seminar** Saturday March 27th from 1:00pm-4:30pm.  
Call (506) 533-4712 to register or for more details.

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The certified Child Restraint Systems Technicians of the Car Seat Safety Coalition are offering **free car seat checks** from 9am-Noon. Appointments necessary.

- March 13 : Lounsbury Service Centre- West Main, Moncton
- May 8 : Lounsbury Service Centre- West Main, Moncton

For more info or to make an appointment: call Amy Dail: 850-5567

### March Events:

For details visit:

[outsidethecrib.com/calendar/](http://outsidethecrib.com/calendar/)

7<sup>th</sup>: Family Sunday @  
Owens Art Gallery

7,14,21,28<sup>th</sup>: Winter  
Openings @ the Zoo

14<sup>th</sup>: Franklin @ the  
Capitol

20<sup>th</sup>: Birthday Bash @  
Michaels'

23<sup>rd</sup>: The Harlem  
Globetrotters @  
Coliseum

27<sup>th</sup> Maple Sugar  
Festival

27<sup>th</sup> Easter Storytime @  
Moncton Library